## WHAT IS CLAIMED IS:

1 1. A bag for carrying various articles, the bag comprising: 2 a body; a. 3 b. a strap coupled to the body for engaging a user's body above 4 their arms; and 5 a contour panel adjacent a side of the body, the contour panel c. 6 being positioned such that it is between any articles within the bag and being configured such 7 that it is curved towards the user. 1 2. A bag in accordance with claim 1 wherein the contour panel is within 2 the body. 1 3. A bag in accordance with claim 1 wherein the contour panel is 2 contained within a sleeve within the body. 1. 4. A bag in accordance with claim 1 wherein the contour panel is 2 contained with a wall that defines the body. 1 5. A bag in accordance with claim 1 wherein the contour panel is coupled 2 to an outer wall of the body. 1 A bag in accordance with claim 1 wherein the contour panel includes a 6. 2 plurality of through-holes defined therein. 1 7. A bag in accordance with claim 1 wherein the contour panel includes a 2 plurality of cavities defined therein. 1 8. A bag in accordance with claim 1 wherein the contour panel includes 2 padding on at least a portion of a side adjacent the user.